RARE MEDIUM ACADEMY

# Pro Tip Recipes

PREP TIME 30 MIN | COOK TIME 10 MIN | SERVES 10

# TURKISH LAMB ADANA SKEWERS

#### Method

- Combine all ingredients in a bowl. Season and mix well. Form the meat around skewers. Place on a tray, cover with cling wrap and refrigerate for 1 hour. Add peppers and red onions to separate skewers, brush with oil.
- 2. For Sumac Onions: Place all ingredients in an airtight container, toss to combine well. Season and allow to marinate for a t least 10 minutes or up to 48 hours.
- Place skewers on the barbeque and cook for 4-6 minutes on each side, turning regularly. Repeat the process for all skewers, until slightly charred, browned and cooked through.
- Remove skewers and squeeze over lemon. Serve with grilled flat bread, sumac onions and an Ox tomato salad.

### INGREDIENT LIST

#### Lamb

 1.5kg leg of lamb or lamb shoulder, boneless, minced

### Other Ingredients

- 160g brown onions, very finely diced
- log ground coriander
- 5g chilli powder
  20g ground cumin
- 20g ground ( 10g sumac
- 4 og paprika
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- 600g red capsicums, grated
- 10g garlic, crushed
- Sea salt flakes and cracked black pepper to season

## Sumac Onions

- \*  $4 \cos \beta$  large red onions, thinly sliced
- 100mls olive oil
- 70 mls cider vinegar
- 50 grams shredded flat leaf parsley
- 15g sumac
- · 8g sea salt
- Serving Suggestions
- Sumac onons
- Green Ox tomato Salad
- Yoghurt Flatbreads
- Lemon Wedges



